



HOOFING AROUND



Autumn 2017

Chairman's Report

Besides every great woman is an even better greater woman! (& Yes Jo, that is you!). Little did Jo and I know just how great EMRC would turn out!

A passing comment of a mutual friend of the club said a Chairman was needed to start the ball rolling for setting the Club up, Jo popped around for a "little" chat - for three hours! But that started our friendship and mutual passion for what we wanted to do.

It really has been a pleasure for the last two years to watch the club grow. The Chairman's role is an easy role to play as we have some amazing and hardworking people on the committee. The club is going from strength to strength and it seems Jo and I were right in thinking there was a need for this sort of club in the area.

I personally think two years as an officer is long enough and we have some really wonderful members now who are well and truly up to take on some of the roles. On this note I would like to take this opportunity to congratulate Claire Knight and welcome her as the newly appointed On-going Chairman for EMRC. (You mad fool ha ha!).

I have stepped away from the committee as well for this year, though I will be always be to glad to help where and when I can. I would really like to participate in some clinics— so watch out for a big black horse and a dizzy blonde laughing hysterically!! That'll be me!!

Thank you all so much for making this club what it is and see you soon.

Sam

Annual General Meeting

The Club's Annual General Meeting was held on Wednesday 13th September at The Bell at Leigh on Mendip.

The Minutes have now been circulated to all members by email.

The committee would like to say a huge thank you to Sam Moody for steering the helm for the last two years and taking us from literary, nothing to the amazing and forward thinking Club we are today.

We would also like to give our vote of confidence to Claire for taking on the role and we believe her hard work with fun attitude will give more great years in the future!

Thank you Sam—and Welcome Claire!

Your committee give up their time voluntarily to make the Club run as smoothly as possible, so please do support them when you can. If you would like to join the committee, please do have a chat with one of us. We meet once a month at The Bell, Leigh on Mendip and we are looking for people who have a lot of enthusiasm and really want to be part of the club and take it forward.

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So Who ARE your committee for 2017 –18?

Chairman—Claire Knight

Secretary—Jo Rossiter

Treasurer—Maxine Golledge

Membership Secretary—Debbie Owen

Committee Members:

Anne Pearse

Sarah Fogden

Liz Lukins

Beth Blair

Phoebe Owen

Hi Everyone!

My name is Claire Knight and I am honoured to be the new Chairman of East Mendip Riding Club. Sam Moody's boots will be very hard to fill, but I will try my best!

I have been the typical pony-club parent for as long as I can remember, however once my daughters gave up I decided it is my turn to take over the reins and learn to ride myself. I joined East Mendip Riding Club when it first began with my 4-year-old coloured cob. We were both complete novices and I was terrified to ride in front of other people but since taking part in the wide range of activities that East Mendip Riding Club offer and having the support of a friendly team, I have become a much more confident rider whose keen to give anything a go.



By gaining more experience I discovered a passion for dressage and I now have a horse who can show me the ropes and teach me all the things I need to know.

Here at East Mendip, we pride on being a small, friendly and supportive club to like-minded riders, who may, as I previously did, have nerves and worries. Feeling pressured or pushed is not something that exists in our team of great instructors, helpers and riders – the only thing we like to force is to have a cup of tea and slice of cake!

Nevertheless, some of our members have now gained so much confidence with us that they have felt they are ready to start competing and representing our club. I hope to move the club forward by encouraging our members to come to us with new ideas and individual goals in order for us to be the committee that can serve you best

I look forward to seeing you all out and about in the coming year and I am excited for the future of our friendly little club.

Love Claire and Gucci.

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EMRC Camp 2017

Phoebe Owen and Neuro



What can I say, camp was a truly unforgettable experience for both myself and Neuro, my 7 year old Lusitano. He has gone from being unable to trot over a pole to contemplating our first ODE by the end of the weekend!

When we arrived on the Friday we settled in very quickly as the facilities organised for us were second to none, bright and airy stables, perfect for the heatwave during the weekend. It was great to see such a friendly bunch of well loved and looked after horses of all shapes and sizes with varying degrees of experience all together in a barn, there was a real buzz of anticipation, and it was great to hear what everyone was looking to achieve from the weekend. Everyone quickly mucked in to help each other and get into our first lesson which was lovely!

Poles for dressage, theoretically, should have been a complete disaster for Neuro and me, and technically was from the beginning, but with the patience and enthusiasm from Kim on the ground and seeing how everyone else improved throughout the session we were encouraged to persevere and eventually cracked straight lines which felt like a huge achievement! The group was relaxed and fun and it was brilliant to see each other in action, hear our horse's stories, and watch them improve as well.

Downtime in the evenings was incredibly fun and relaxed, I even had my tent put up for me by our super helper George (word to the wise though, make sure you know which one your tent is before it gets put up lol)! We had the backdrop of the cross country course at for the evening and as the drinks flowed this got us all revved up so took a late night walk of the field. You couldn't have wanted better scenery!



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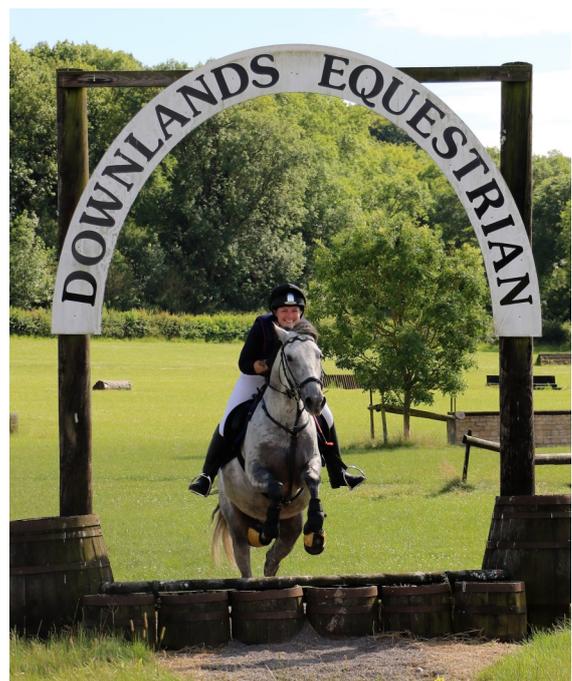


Day 2 is one of the most memorable days of my riding career. Whilst booking camp, I was unsure how well Neuro would take to jumping at all due to being a late developer and being green as grass, but by the end of the showjumping I felt as if I was riding a stag! Kim P's lesson involved lots of gridwork, not too much to take it out of him, but just enough to get him thinking in straight lines and respecting fences. It was brilliant to see everyone in the group around us attempting things they wouldn't at home, or surprising themselves at how much they were achieving, and we all encouraged each other to get a little bit out of our comfort zones too!

Having stared at the cross country course overnight I was absolutely raring to go, as were the other riders in our group! Jo very kindly swapped me and Neuro to a different group for more of a challenge. Neuro took on the role of nannying the thoroughbred boys and it was a joy to see everyone getting the best out of the session. Again having Kim P on the ground was fantastic as she guided each individual and each horse through without pressure or expectation. Some of the photos from that day are on my wall as Neuro suddenly seemed to find a bigger jump than I'd ever known! The combination of great company and a relaxed **environment did him and myself wonders allowing us to achieve so much.**

By flatwork on the Sunday we were naturally all exhausted, especially after Saturday night's BBQ and ridiculous antics involving tights, tennis balls and water bottles! We had a fantastic instructor who was very understanding and refined each horse's way of going. It was a joy to see everyone improving even more on what we already had over the weekend. Before our session Neuro and I enjoyed a hack over the local bridleways too and although I knew he would be tired, it wasn't something I wanted him or me to miss.

Thank you to everyone involved that made camp possible. We are hugely looking forward to next year's! In the mean time amongst clinics we are now looking to compete in hunter trials, dressage, SJ and ODEs!



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WARNING

The XC bug is contagious

Margaret, Alex & Jo Hobbs

Following an amazing time at camp in July, we all really enjoyed the XC, so when Jo emailed about a XC Clinic at Naydon, we put our names down.



Phoebe
and
Neiro

Unfortunately only 2 of our 3 horses jump, so with the pony left at home, we set off to Naydon. With drizzle setting in as we descended down the infamously steep Wraxall hill, the butterflies started to kick in. Once there, we tacked up and made our way onto the course where Phoebe and the handsome Neiro joined us. Luckily the sun came out and Kim started the lesson. Mum's horse, Daisy, was finding the flags flapping in the wind very scary, so the lovely EMRC helpers (AKA the ground crew!) were tasked to tame the flying flags!



Margaret
and
Daisy

We made our way around a number of jumps: hay manger, roll top, double, seat, wishing well, tiger trap (Kim promised no tigers were harmed in the making of the XC course!). It was great to have small jumps to start with, then build up to the medium and we even did some big ones! It was nice to have a little group so we got chance to learn lots with thanks to Kim's patience and we all built confidence throughout the lesson. We finished with a short course which gave you the feeling of being a true cross country rider. It was such a great morning! We would really recommend anyone to give it a go, jumps suitable for all, Kim is so supportive and encouraging but be warned, the XC bug is contagious!!



Alex
and
Connie

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Training Clinics

All the following clinics will take place at Kingfisher Equestrian, BA7 7PS
All sessions are £20 per horse/rider combination

Clinics with places available are:

Flatwork—Sunday 12th November and Sunday 10th December

Poles for Dressage—Saturday 4th November and Saturday 2nd December

Show Jumping—Sunday 29th October, Sunday 26th November and Saturday 16th December

The weekend clinic times are 10am—11am, 11am-Noon and Noon—1pm

**** Plus Two New Additional Clinics:****

Tuesday 31st October—Flatwork—6pm –7pm and 7pm –8pm

Friday 17th November—Poles for Dressage—10am –11am and 11am—Noon

2018 Clinics

Yes folks—it will soon be upon us!!! Dates for your Diary are as follows: -

Poles for Dressage—6th January, 3rd February, 3rd March, 7th April

Flatwork—21st January, 11th February, 11th March, 15th April

Show Jumping—27th January, 18th February, 18th March, 29th April

To book clinics, please email Jo on eastmendipridingclub@gmail.com in the first instance.

Payments

Please note payment should reach the Club *before* the clinics takes place.

Cheques should be made payable to *East Mendip Riding Club* and be sent to *3 Avenue Road, Frome, BA11 1RP.*

BACs payments —Sort Code: 60 08 31. Account Number 63700298.

Please put your name and the clinics you are paying for in the reference so we can match them up

Reminders:

If you cancel 5 days or less before the clinic and we cannot find a replacement, your fee will still be payable.

Please ensure you pick up all your own and your horses mess from the car park at Kingfisher and take it home.

We provide refreshments at the weekend clinics for £1 each person—riders, friends and followers. There are no refreshments at the evening or day clinics

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Magnetic Therapy for Horses

How does Magnetic Therapy work for horses?

The magnetic field generated by the magnets in a magnetic rug or boot relaxes the capillary walls and surrounding muscle and soft tissue. As a result, your horse will benefit from improved oxygen and blood flow which will help to promote healing and speed up the recovery process.

Which type of magnets are the most effective?

There are many different types of therapeutic magnets available. The strength of the magnet depends on size, depth, type of magnet etc. As long as they have a sufficient strength they will create a magnetic field strong enough to penetrate through the body. Magnets do not heal. It's the magnetic field the magnet creates which influences the environment for accelerated healing to take place.

The Equine Magnetix range of products uses neodymium magnets, also known as rare earth magnets, unipolar facing at 2,000 gauss each. These are the strongest magnets available on the market and their magnetic strength will last approximately 15 years.

When to use Magnetic Therapy Pre and Post Exercise -

Every horse can benefit from Magnetic Therapy. You can use the magnetic rug and boots as part of your daily routine. Use 30 minutes to an hour before exercise and for a similar time afterwards. The Equine Magnetix range of products can be used overnight.



**Freestyle Gymnastics
wearing the magnetic rug
as part of her daily
routine.**

Travelling your horse in a magnetic rug and/or stable boots will help to relieve any tension during the journey. Your horse will be warmed up and ready to work.

Stable use - A good time to use magnetic therapy is overnight or whilst they are standing in the stable. If you have not used Magnetic Therapy on your horse before then you need to build them up slowly for a couple of hours a day over the course of a week before using them for longer periods of time.

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Magnetic Therapy for Horses

Turnout – The vast majority of the products are not meant for outside use however the ankle boots can be used for both turnout and stable use.

An Injury or Condition -Tendon, ligament injuries, fractures, navicular, arthritis, laminitis, windgalls, and splints, swelling to a name but a few...

We strongly recommend you obtain a professional diagnosis from your vet before using magnetic therapy for an injury or condition.

Looking for more information?

If you need more information on Magnetic Therapy or the products we sell, please take a look on our website www.ecogreenequestrian.co.uk Please feel free to contact us at info@ecogreenequestrian.co.uk or by calling us on Free phone 0800 130 3438.

Customer Feedback – Ankle Boots

'This is Duke the 4 year old 18.3h, 822kg Clydesdale wearing the xl magnetic leg wraps. They are fab, and with an unexpected case of laminitis this week, so he's on box rest.

They're fab for swelling, the xl fit really well and with loads of bone plenty of room in them. I've got the wraps for my shetland and highland as well, just love them. ~ Rachael Cumming



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www.ecogreenequestrian.co.uk

Office: 01606 75525

Freephone: 0800 130 3438

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Did you know that East Mendip Riding Club has it's own merchandise with our logo on available?



You will have seen some of us wearing our T shirts, polo shorts and hoodies printed with our logo. The products are of a good quality and purchased and printed locally for us. The East Mendip Riding Club logo will be on the left breast and you can have a bigger logo printed on the back if you wish for a small extra charge.

The hoodies and T shirts will be in a bright blue with a red logo but the fitted rugby shirts are now a slightly lighter blue.

Sizes:

Small – 6/8
Medium – 8/10
Large – 12
XLarge – 14
XXLarge – 16

Product	Cost
Ladies fitted Poloshirts	£15.00
Unisex Poloshirts	£15.00
Hoodies	£22.50
Sweatshirts	£20.50
Rugby top (standard)	£26.50
Rugby top (fitted)	£26.50

Prices include VAT.

If you would like to add the EMRC logo on the back, please add £2.50 per item.

Sarah Fogden is coordinating our merchandise for us and so the process to order is:

Email Sarah on sarahfogden@aol.co.uk (please put EMRC Merchandise in the subject line) with details of the product(s) you want to order, the sizes and confirm if you want the EMRC logo printed on the back. Please also confirm your payment method – cheque or via the bank.

Sarah will confirm your email and the total price and to give you an idea of when the items will be ready. She will also arrange delivery to you. This could be via a clinic or event or just meeting up with you in a dark lane! If you want the items posted, there will be an extra charge to cover the costs. Please do not email the usual riding club email address for merchandise.

It would be great to see more of you wearing the merchandise and advertising the club



U Hoofing Around U



Exciting News!!!

East Mendip Riding Club are holding their first ever Clear Round Show Jumping Evening

Open to Members and Non Members!

The evening will be held at Kingfisher Equestrian between 5pm – 7.30pm

5pm—5.30pm—50cm (approx 1'6")
5.30pm—6.15pm—65cm (approx 2'0")
6.15pm—7.00pm—75cm (approx 2'3")
7.00pm— 7.30pm—80cm (approx 2'9")

Each Round is £4—if you want to do three rounds it's £10—rounds can be different heights but must be the same rider and horse combination. Rosettes for each clear round. Cash Only on the Night.

Refreshments available

Please support this event—if it is successful we will look to do make it a regular event so bring your friends!

U Hoofing Around U

We were there! TREC GB National Championships – Level 1

In autumn 2016 at TREC SouthWest's Wincanton competition, a second place saw us qualify for the 2017 National Finals. The result took us by surprise and certainly gave me a goal to focus on for the year. To help prepare, Elle, my 14.3hh North American Curly horse and I took part in training days, 3 full TREC competitions, Score TREC and some winter arena TREC, as well as TREC training camp. With our experience and confidence growing we took up our place at the Championships and on 18th August 2017 "Team Elle" (friends Caroline and Becky and my daughter Naomi) set off for Eydon in Northamptonshire to compete.



The journey there was an achievement in itself. Four and three-quarter hours of driving through Friday afternoon traffic but we arrived with Elle as cool and calm as could be. Camp was quickly set up with Elle corralled and Becky and me sleeping in the trailer next to her. Caroline and Naomi opted for B&B which when the heavens opened and the winds got up on Friday night seemed a very sensible idea!

Saturday dawned bright and dry, though a bit blustery. Becky, Caroline and Naomi were all helping on checkpoints and I got Elle ready for an early start. The map room comes first, where with an exam like atmosphere, you are given 10 minutes to copy from a master map, the route which you need to follow. A mistake here would create major problems later on!

The route, on paper at least, looked fairly straightforward but when I got to the start my mind went blank and I had a bit of a wobble about which way to go! However we made the right decision and set off for a 15km ride through corn fields, woods, tracks, pretty villages, over wooden bridges and along a disused railway. We made all the checkpoints and picked up the correct tickets on route. Our major problem came at what should have been a small stream, now swollen by the night's rain. Elle refused to ride through it, so I was left with no choice but to get off and lead her through. Yes my boots do leak! Then I couldn't find anywhere to get back on. No gates in these corn fields! So it was a bit of a walk before I was remounted and off again at speed to catch up on lost time.

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By the end of the ride my brain was a bit frazzled, so much concentration needed but it was a fabulous ride and a great sense of achievement.

During the Saturday night social, the day's results started to be circulated and I was amazed to see we were in second place just two points behind the leader. Sleep was hard to come by that evening as having walked the obstacles for Sunday I had a few decisions to make about strategy for approaching the jump and sunken road and what speed to tackle certain obstacles. You get more points for canter at some of them.

The sleeplessness however lead to one of the highlights of the weekend for me as I decided to see what the horses right outside in their corrals were up to. I opened the door of my trailer to see an amazing night sky, layers of white and red clouds below a beautiful star filled sky. Silhouetted against this backdrop was my wonderful Elle! A moment to take my breath away and to savour. I didn't shut the door again all night and slept under the stars with Elle and the other horses munching very close by. Just magic!

The sun was shining on Sunday morning and I went for an early morning walk of the MA/PTV courses. The obstacles looked less imposing than the first course walk and I made my decisions about how to ride each one. I was taking a few gambles but hey it was the Nationals so I had to give it a go!



The MA is a timed control of paces section, starting with a slow canter followed immediately by a fast walk. We maintained what I thought was a good canter and hoped to score well from it however we broke at walk so I knew there would be no score there. Then on to the obstacle phase, the PTV. The course time allowed was 16 minutes, taking in woods, fields and tracks with plenty of natural obstacles. The obstacles represent what you might encounter on a trial ride so expect low branches, a gate, drop, water, mount and dismount, stops and starts. With the exception of the water, to which for the second time in two days Elle said "no thanks", (more work needed on that one over the winter!) we had a wonderful round and I finished wishing I could do it all over again.

That was my competition over, now to watch the other TREC Southwest members, 7 of us altogether, competing in different classes. We all completed the three phases with varying levels of success and TSW member Suzie Ford with her wonderful horse Jack, came out on top as Level 1 National Champions! We dropped to 6th, the water refusal and poor MA cost us dear, but it didn't matter. We had competed at our first National Championships, had a wonderful weekend of riding, spent fun time with fellow competitors and had gained more experience for the next time. Big thanks to "Team Elle" who laughed, encouraged and supported us throughout and got stuck in with stewarding and judging too!

TREC really is a fabulous sport with loads of support for newcomers and the horses at its centre. If you fancy giving it a go, as an individual or a pair, get in touch with me or come along to one of the taster sessions at TSW or EMRC, but be warned you might get addicted too!

Karen Butt and Elle

U Hoofing Around U

Trec Fun Day

Sue Evans and Buzz

What fun! Despite the gale force wind (luckily no rain) we all had a great time. The day was so relaxed, and aimed at having fun with your horse and competing at what ever level was right for your partnership on the day, just leading him/her, walking over, through, around and even backwards to assess how relaxed, obedient and switched on to you your horse was. There was such a range of horses, large and small, old and young, thoroughbred X, natives and foreign breeds. Riders were old and young, partnerships some new, some had been together a while.

I arrived at about 9.45am, was met by Jo who guided me to the lovely, spotless stable Buzz was to be housed in for the day. He thought he was in heaven, lots of fresh smelling hay, much better than the rubbish he gets at home! Lots of other horses nearby to keep him company so no fretting. Settled in a treat, so I could happily catch up on the latest news from members I had met on previous EMRC activities, before Karen opened the introductory talk, over a hot drink and of course the customary cake (a necessity to keep our energy levels high!)



My apprehensions were quickly dismissed, no orienteering or map reading (this is a big part of Letrec but not being covered today and funnily enough it is something I would now like to have a go at). There's a mounting block! No mounting from the ground, (something I have never been able to do with Buzz). You can choose what you do, e.g. if you don't want to jump you can opt out, you just get a zero for that section. You can choose what gait to do each challenge, it might have been easy in walk, and trot but canter? Some challenges you have to get off and lead, with your horse behind you, and will he go backwards without being touched.

All Letrec competitions have a section where you have to canter as slowly as you can and turn around and walk back as fast as you can. Sounds easy but if you break pace, do the canter section too fast and the walk section too slowly you will get no points.

Karen having given us all plenty of confidence, met us mounted in the field, where several obstacles had been set up. We all walked, trotted and cantered around giving the horses a good look at them. Then Karen explained in detail how each obstacle was to be attempted, and the pitfalls of each one. We all had a go at them, most of us managed to do them in walk, and trot, and some of them in canter. It became quite clear that the horses needed to be very obedient, balanced and supple to manage them. We started with the easier ones, canter between two poles, bending poles, water ditch, small jump.

Then the S bend, halt and rein back between two poles (had to be straight), ride one handed around two barrels in a figure of 8, it helped to put your other hand on your head so you weren't tempted to use it! The clover leaf, three drums spaced out as the points of a triangle, you then had to circle round each one the 1st and 3rd on the right rein and the second on the left, relatively easy in walk and trot, but canter continuously on tight circles counter canter or flying changes? Which can your horse do?

The halt inside a small square and let your reins drop and stand there for at least 10 secs, I had to hold onto the mane to stop my reins dropping as Buzz is such a hungry horse he put his head down to eat! Then we had to dismount, lead our horse through a corridor (poles on the ground) horse had to be behind, in walk or trot. Then the remount in 25 seconds.

When everyone had practised as many of the tasks as they wanted, we went in for lunch. Anne has such a good set up all the horses were happily stabled. We went inside the barn as by now it was extremely windy.

In the afternoon, we had a small competition. Everyone did it. Some managed all the obstacles, some didn't attempt them all, and one horse was escorted round, it was the first time she had been anywhere! Everyone was happy.

I think what impressed me the most is how all the horses behaved so well, even in the gale force wind and a whole herd of cows being turned out in the field next door. It seems to me that getting you and your horse to focus on the job in hand was the essence of the day.

U Hoofing Around U



Mendip Bridleways and Byways Association Ginnie Jones



The MBBA is one of the largest and most proactive Bridleway Associations in the UK, dedicated to creating and maintaining safe riding routes.

The aims of the Association are to protect and preserve the character and status of Mendip's green ways, to advertise their existence via our map marking service and to encourage the active participation of our members to identify routes in need of improvement.

The Association is affiliated to the British Horse Society and is entirely voluntary. All the money from our subscriptions and fundraising goes directly to improve the riding routes in the Mendip area. In fact, in the past 8 years we have funded over £75,000 worth of improvements to routes in our area! We are also fortunate to have a good working partnership with Somerset County Council and indeed where possible, many of our projects are joint funded.

To raise these funds we hold regular Fun Rides – our Glastonbury Ride being the most famous with an amazing route around the festival site and the beautiful surrounding countryside. We also host an annual Bonanza Fun Day – this year we were thrilled that Wocket Woy and the Pwducer joined us for the fun!

Please visit our website www.mbba.org.uk and like our Facebook page. Better still – join us for just **£15.00** per year and receive discounts on all the events we hold!

We are also looking for Area Representatives who ride their local routes and are happy to let us know if there is a problem or to discuss issues that arise in their area. Although the positions are entirely voluntary, there is no commitment to come to regular meetings, this is simply a way for us to keep an “ear to the ground” and keep up our good work. You will be provided with a map of your area with the local bridleways and just need to contact us if an issue arises.

Thank you especially to EMRC member Debbie Owen and her daughter Phoebe who have offered to be our first Area Reps covering the Croscombe area.

U Hoofing Around U



MBBA Area Representatives Debbie Owen

I have to admit to being a self-confessed map geek, which goes part of the way to explaining why I was excited at the possibility of becoming the first MBBA Area Representative.

The other side of the coin is my awareness for the need for an 'on the ground' presence, which unfortunately, local agencies don't have the resources or funding for.

We all enjoy our off road riding and keeping a watch on the condition of our precious bridleways is essential to allow continued access. But who do we contact if there is an issue?

I must admit to being confused as to who does what and who has the manpower and cash to fix problems.

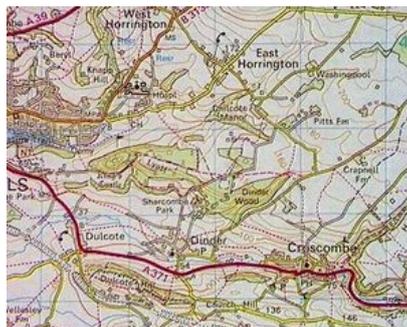
MBBA's aim is to recruit local representatives who will physically monitor riding routes, (not such an onerous task when you get to do this from the back of your favourite pony!), get to know local riders who use these routes, identify issues and report these to the appropriate body.

I will also aim to look at other off-road routes regularly used by horse riders and the possibility of MBBA ensuring they remain accessible riding routes.

My area radiates from the Parish of Croscombe and takes in West Shepton, Maesbury, The Horringtons, Chilcote, Dinder, West Compton and Worminster.

I'm looking forward to meeting my local equine enthusiasts!

Debbie Owen



U Hoofing Around U



Membership Renewal

This is the last Newsletter before memberships will be up for renewal. To be able to attend clinics and events put on by the Club, unless otherwise indicated, you do need to be a member of East Mendip Riding Club.

Debbie Owen, our Membership Secretary, will be contacting you all around the middle of November.

Membership runs from 1st January to 31st December each year.

So, if you have changed address, telephone number or email address and haven't told Debbie—please do so as soon as possible so she can make sure all her contact details are correct before she sends out the renewals. Thank you.

Debbie's contact details are:
Email: collio1010@live.co.uk
Mobile: 0784 258 2861

Don't forget to tell your friends about us!!

Why join East Mendip Riding Club?

EMRC is a really new riding club having been in existence just over two years—one of the youngest in the country!

We look to offer our members a relaxed and informal way to train and learn about our equine friends whilst encouraging all levels and disciplines of horse riding.

We also love the social aspect to learning and training.

We currently have a huge range of different types of horses (and riders!) in our club.

Most importantly we aim to have **fun!**



British
Riding Clubs

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Horse Watch

We work closely with the equine community through its members and volunteers to help keep them informed of any horse or rural related incidents. This process is supported by the Horse Watch scheme.

Rural crime which includes offences against the equine community is a continuous problem. You can help Avon and Somerset Horsewatch to help you and your community by informing your regional/local co-ordinator of anything suspicious or by getting involved yourself.

We have a range of documents to give information and advice on a whole range of security measures covering horses, tack, trailers, horseboxes and stables.

Get involved

The success of the scheme relies on the dedication of its members. Their commitment to their horses provides a basis on which to build a range of measures which can help to reduce the risk of becoming a victim of crime.

If you're interested in becoming a member and would like more information on this scheme please get in touch by emailing ruralcrimeteam@avonandsomerset.police.uk

Visit the Web Site

<https://www.avonandsomerset.police.uk/services/watch-community-schemes/horse-watch/>



Always call 999 if you think a crime is in progress
Call 101 if it's not an emergency or visit:
www.avonandsomerset.police.uk



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Newsletter Articles

For your committee this newsletter is about you, our members, what you get from the club, our local riding community and also about learning about our passion. Hence we have articles from our members, other equine associations as well as professionals in the equine business.

Thank you to everyone who has contributed to this newsletter—we really appreciate it. If you would like to write an article about your horse passion or have an experience outside or within the Club, please let us know – we try to make the newsletter fun and informative rather than a mis-sive from on high so it is important to us that you all contribute!

Other Dates for your Diary.....

MBBA Greenscombe Ride is on **Sunday 22nd October**. Details will be emailed through to members nearer the day.

MBBA Annual General Meeting—Wednesday 8th November, The Thatched Cottage, Shepton Mallet, BA4 5QF

Including a talk with Caroline Wang-Andesen—Barefoot Trimmer
Caroline will give a short talk on foot trimming, the benefits for laminitis, navicular and lameness issues.

7pm start—talk to start at 7.30pm

The talk is free to MBBA members but there will be a small charge for non MBBA members
Come and join us and learn more about this area of horse care

MBBA Annual Quiz Night
Friday 2nd February 2018
Royal British Legion Hall, Coleford,

