

# Hoofing Around



**Summer 2023**

**From your Chairman**

**Claire Knight**



Welcome to our summer newsletter!

I hope that you are all enjoying some time with your horses, families, dogs or doing whatever it is that makes you happy? In typical British tradition, July has been wet and pretty horrible.

I had a wonderful 7 days riding holiday with Gucci, and 3 other EMRC ladies and their horses, in the New Forest in early June. Gucci thought it was very strange to have all these ponies and foals wandering around with no riders, though after the shock he was a very good boy. I highly recommend going!

Sadly, we have had to cancel a few summer clinics again due to lack of interest which has been a shame, especially as these were put on after discussion at last years AGM. I hope winter clinics are far better supported, details of these are included in this newsletter.

I hope you all enjoy the rest of the summer and the newsletter, see you all soon.

**Claire and Gucci**

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## AGM

Wednesday 18th October 2023

Waggon & Horses, Doulting,  
BA4 4LA.

AGM will start at 7.30pm in the  
meeting room upstairs

Book a table to eat from 6.15pm  
and let them know you are  
coming to the AGM so they  
know to get you served quickly -  
Tel 01749 880302.

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**\*\* Grab the last few remaining places, before it is too late! \*\***

**Saturday 23rd September – Camp in a Day**  
Barrow Farm, BA11 5HD  
With Martine Lee

(THIS IS A SPECIALIST EVENT SO THE ADDITIONAL PAYMENT TERMS APPLY)

A 1 hour Show Jumping session followed by lunch and  
then 1 1/2 hours Cross Country session

Show Jumping:

10am – 11am	up to 60cm
11am – 12noon	70cm +

Lunch between 12noon and 1pm in their lovely café area. **Bring your own lunch** but free tea and coffee is available throughout the day.

Cross Country:

1pm – 2.30pm	up to 60cm
2.30pm – 4.00pm	70cm +

Cost per person £60. When booking please confirm which session you want to do.

To book email Karen on [karenbookings@eastmendiprc.com](mailto:karenbookings@eastmendiprc.com)



**Friday 15th September 2023**

AT

**ROYAL BRITISH LEGION HALL COLEFORD, BA3 4PB**

SELLERS TO SET UP FROM 5PM

BUYING FROM 6PM To 8PM

Tables—£10.00 each

REFRESHMENTS AVAILABLE

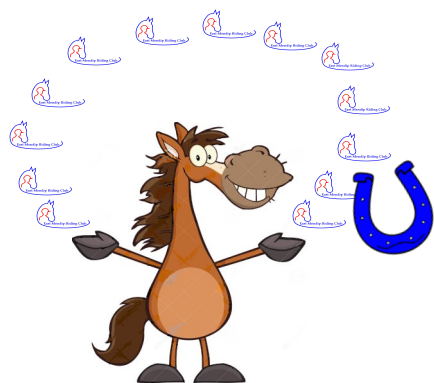
Proceeds to go to Mendip Bridleways & Byways Association

To book:

Please email Jo Rossiter on  
[eastmendipridingclub@gmail.com](mailto:eastmendipridingclub@gmail.com)

Once your table is confirmed we would appreciate payment directly to our bank—details will be given when you book





# Hoofing Around



## Terms and Conditions of EMRC Clinics

Each session is an hour long and a cost of **£22** per rider unless indicated otherwise. We will endeavour to make sure there are no more than four in a session.

All training clinics are held in the indoor school at Kingfisher Equestrian, Hornblotton, BA7 7PS.  
(What3Words ///rocky.feed.rant)

**Please pay when the times email goes out and if you cancel five days or less before the clinic, you will still have to pay unless we can find someone else to take your place.**

### ♦ To book a Clinic

To book Ellie's Poles and Gill's Flatwork sessions, please email Julie at [juliebookings@eastmendiprc.com](mailto:juliebookings@eastmendiprc.com)

To book Martine's Show Jumping, Jane and Sally's Flatwork sessions, please email Karen at [karenbookings@eastmendiprc.com](mailto:karenbookings@eastmendiprc.com)

### ♦ Payment

Payments directly into the bank please. **Please do not bring cash to the clinic.**

NatWest, Frome

Sort Code: 60 08 31

Account Number: 63700298

Please put your name and the clinic date on the reference.

**Can we please ask that you do not pay for any booked clinics until the times email goes out. It is very difficult to keep track of early payments with so many transactions going through the bank.**

**Please note, payment however, should be made BEFORE the clinic and not after!**

### ♦ Helpers

If you do not wish to attend a clinic but are happy to help, please let Julie or Karen know. We appreciate all help and don't forget our Reward Scheme!

### ♦ Please clear up your mess before leaving the venue

Please take all your rubbish and poo home.

### ♦ Refreshments

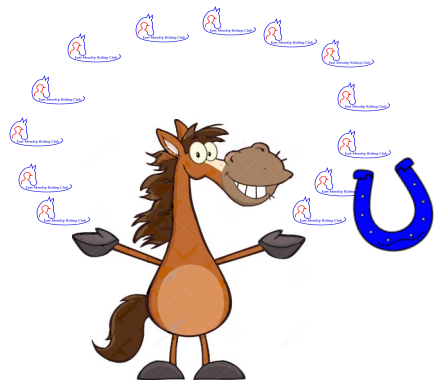
£1 for each person for as many cups as you like.

Remember to bring your EMRC insulated mug!

### ♦ Vaccinations

All horses must have had a flu vaccine within the last 12 months to attend clinics at Kingfisher please.





# Hoofing Around



## EMRC Clinics and Training Dates

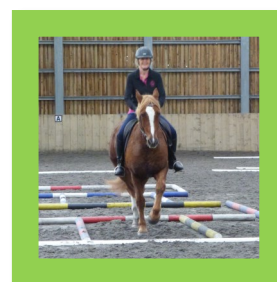
### Autumn/Winter 2023

To book Ellie's Poles and Gill's Flatwork sessions, please email Julie at [juliebookings@eastmendiprc.com](mailto:juliebookings@eastmendiprc.com)

To book Martine's Show Jumping and Jane or Sally's Flatwork sessions, please email Karen at [karenbookings@eastmendiprc.com](mailto:karenbookings@eastmendiprc.com)

#### Poles for Dressage with Ellie Maguire

Sunday 10th September  
Saturday 14th October  
Sunday 5th November  
Saturday 2nd December



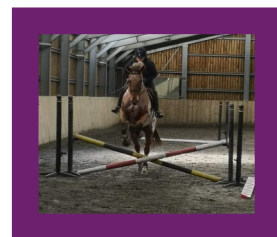
#### Flatwork with Gill Longhurst

Saturday 2nd September  
Sunday 8th October  
Saturday 11th November  
Sunday 10th December



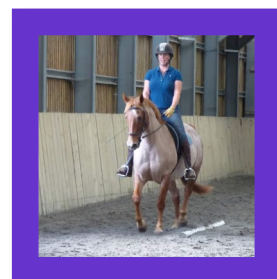
#### Show Jumping with Martine Lee

Sunday 22nd October  
Sunday 19th November  
Saturday 16th December – Christmas Show Jumping



#### Flatwork with Jane Reed and Sally Bell

Sunday 17th September – Sally Bell (£25 per person)  
Saturday 28th October – Jane Reed  
Sunday 26th November – Jane Reed





# Hoofing Around

## Volunteer Reward System 2023



For every four hours of volunteering you will receive a £5 credit.

Each quarter the volunteer spreadsheet will be reviewed and those who have accrued 4 hours will be offered their £5 credit. Debbie Pickford, our Treasurer, will contact you.

The quarters are;

Quarter 1 - January, February, March. Credits will be issued at the beginning of April

Quarter 2 – April, May, June. Credits will be issued at the beginning of July

Quarter 3 – July, August, September. Credits will be issued at the beginning of October

Quarter 4 – October, November, December. Credits will be issued at the beginning of January.

- Any hours under 4 and over 4 will be carried forward to the next quarter.
- Credits cannot be used in the quarter they are earned – they will be issued at the end of the quarter for use by the end of the membership year.
- The credit offered must be used in the same membership year. Unused credits will NOT be carried forward to the next membership year. The exception is if the credit is accrued in October, November and December, this can be carried over and is to be used before the end of March of the following membership year.
- To use the reward, email Debbie when you make your payment so she can update her records.
- The maximum rewards that can be earned throughout the year is £40 – so virtually the equivalent to two clinics.

*If the system becomes onerous or complicated, we reserve the right to amend it.*

## EMRC Merchandise

Visit [www.gggear.co.uk](http://www.gggear.co.uk) for purchasing any of these lovely items!



Adults East Mendip Riding Club  
Royal Hoody



East Mendip Riding Club Adults  
Royal Unisex Polo Shirt BA301



Royal Blue East Mendip Riding  
Club Hat Silk



East Mendip Riding Club Women's  
Royal Softshell Bodywarmer 46801



East Mendip Riding Club Adults  
Royal Unisex Long Sleeve Polo Shirt  
BA301L



East Mendip Riding Club Adults  
Royal Sweatshirt BA409



Adults ladies fit East Mendip Riding  
Club Royal Softshell Jacket 46800



Adults Unisex fit East Mendip  
Riding Club Royal Softshell Jacket  
46600



Adults Regatta Dwyer Jacket, Royal  
Blue, East Mendip Riding Club



Adults EMRC Royal Base Layer



Unisex East Mendip Riding Club  
Royal Softshell Bodywarmer. 46601

Insulated Mugs and  
\*\*\*NEW\*\*\* baseball caps  
available from Kingfisher  
on dates that clinics are running



# Hoofing Around



## Working Equitation Clinic - 1st July 2023 Sandi Leach



On a refreshingly cool early July morning we headed off to Charlton Adam, to the home of Sally Bell for a Working Equitation Clinic. This seems to be an up and coming sport so it was interesting to get an insight into what it is all about.

Often wrongly derided as 'Handy Pony for grown ups', Working Equitation tests your riding skills right across the board, combining dressage and jumping with accuracy and speed. The actual sport consists of a dressage test, an 'ease of handling' round and a speed round.

We were doing the ease of handling stage so started off with a walk around the course with Sally explaining what is expected at each challenge. It's not just about successfully completing the obstacles but you gain marks for how you do it - rhythm, balance, effectiveness of aids etc. We then introduced our horses to the various obstacles and had a good play around to find which ones we could do and which ones needed more practice.



The obstacles were varied and as well as the more familiar slalom (bending poles), gate and rein back, there was the side pass over a pole which was a challenge and the pen, which ideally includes a walk pirouette. The 'Vara' involves picking up a long pole (think big snooker cue) from a drum, riding a short distance to hook a ring and return both to the start – impressively Sue was able to do this in trot! The round traditionally finishes with the rider toasting the judge by lifting a jug of water over their heads!

We each had a go at the full course and then ended with a go at the speed round. All finesse was forgotten and we did a selection of the obstacles against the clock which was great fun.

I'm sure I can say that everyone really enjoyed it, including the horses who grew in confidence, completing some of the more challenging obstacles.

It is a great way to improve your partnership with your horse, as well as helping them with suppleness, flexibility, balance and trust but at the same time having great fun – give it a go!



## XC Clinic - 10th June 2023

Thank you Naomi Carter for a fab EMRC session at Barrow Farm. Certainly tackled some more complex routes than ever before. I would never have dreamt of jumping a log this close to the water. We also tackled, without hesitation, a skinny to a step up and another skinny at the top, and of course coming back down again!



## TREC Clinic - 5th August 2023

It was a really good day with something for all abilities and experience.... and a lot of fun! Thanks Karen for a fab day!

Proud horse mummy moment after our trip to Kingfisher for the in-hand TREC. He behaved impeccably and took everything in his stride!

